



Families First Counseling Services
Jeffrey N. Rose Ed.S., LMFT

Professional Disclosure

Welcome to Families First Counseling Services. In order to familiarize you with my credentials, practice policies and related issues, please read the following information carefully. If you have any questions or concerns, do not hesitate to ask.

QUALIFICATIONS AND EXPERIENCE: Mr. Rose is a licensed marriage and family therapist, License #4483; he received his Ed.S. in marriage and family therapy from the University of South Carolina in 2001.

Mr. Rose works with adults, adolescents, and children doing premarital, marital, family, and individual therapy. When working with children or adolescents, the family is invited to participate in the therapy process. This is important since parents are instrumental in supporting their children and may need to make some parenting adjustments to help the situation.

Mr. Rose is a systems therapist, which means that your presenting problem often is a part of a bigger picture. You are never isolated from family, relationships, career, etc. Through our therapeutic relationship, new insights and new skills will be learned. Mr. Rose is continually taking workshops to keep his skills current in licensed areas. Mr. Rose is an advocate of short-term therapy and plans to help you get the best results in the shortest period of time. Long-term therapy is offered if necessary.

The first hours of therapy consist of gathering information. At the end of this phase, a treatment plan will be discussed with you. At this point, we will schedule the appropriate sessions necessary to resolve your individual situation. Please let him know at any point if you have any questions, are dissatisfied, or have needs he can address.

The final phase is the termination phase. This is a time of satisfaction for both the therapist and the client since resolution has occurred. It is time to say goodbye knowing the door is always open if a new problem should occur down the road. The client always has the right to terminate at any time.

Since therapy involves a professional relationship, clients cannot be close business or personal associates, so inform Mr. Rose if you are aware of any conflict of interest. Mr. Rose strives to adhere to the highest ethical standards as mandated by the South Carolina Board of Examiners for Professional Counselors and Marital Family Therapists, P.O. Box 11329, Columbia, SC 29211-1329, the official licensing board for his profession. If at any time a condition is revealed that this therapist is not qualified to treat, an appropriate referral would be made immediately.

INSURANCE: If Mr. Rose is a provider for your insurance company, insurance will be filed on your behalf. If this is the case, you will be responsible for the deductible and co-pay not provided by the insurance company. It is important that you need to understand – you are responsible for the fees incurred if there is a problem collecting from the insurance company. If he is not a provider for your insurance company, a receipt can be given to you so that you can file your own insurance. If you have any questions regarding insurance/payment concerns, please ask Mr. Rose. If insurance reimbursement is sought, it will require a diagnosis for your condition, which will become part of your permanent insurance records. Most insurance companies do not provide for premarital counseling, marriage counseling, or any counseling that does not involve a diagnosis.

REFERRALS/CONSULTATION: Occasionally, a referral is made to another professional. Such a referral is thoroughly discussed with the client before it is made. There are times when a psychiatric evaluation is necessary – either for medication or for potential hospitalization. With your consent, Mr. Rose will work in conjunction with the psychiatrist or medical doctor to meet your needs. There is an effort to find providers that are on appropriate insurance panels.

PHYSICAL EXAMINATIONS: It is recommended that all clients receive a physical examination in order to rule out any medical factors that may contribute to your mental health.

RISKS AND BENEFITS OF TREATMENT: Some potential benefits to therapy are predictable: resolution of the presenting problem, learning new skills, awareness of emotions, conflict resolution, and stress management. Potential risks are that there would be no progress from the treatment, that a problem surfaces of which one is unaware, that a client may get worse before he/she gets better, that realizing a problem can feel overwhelming, that marital tensions can increase when one person changes and the other does not. It is Mr. Rose's commitment to inform you and support you through any risks.

EMERGENCIES: If you have a life threatening emergency call 911 immediately. Non-Life threatening emergencies during office hours call the office at 803-708-4700 and Mr. Rose will return your call as soon as possible. Generally you should receive a phone call within a reasonable time frame (within 2-3 hours). If you have an imminent emergency and cannot wait for a call back, you should call 911, go to the emergency room or contact Palmetto Health Psychiatric Services at 434-4813.

As a friendly reminder, routine phone calls regarding appointments, changes, etc. should be made during business hours.



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PROFESSIONAL DISCLOSURE STATEMENT

I have read and understand Mr. Rose's professional disclosure statement. Any questions I have or had have been answered to my satisfaction. My signature below acknowledges my agreement with the terms stated in Mr. Rose's disclosure statement.

Signature of Client (or guardian)

Date

Signature of Spouse (if couples therapy)

Date

Jeffrey N. Rose Ed.S., LMFT
Marriage and Family Therapist

Date